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Director

Los Gatos School District



Nutrition Services

Production Menu

Time/Duration	Meal	Monday	Tuesday	Wednesday
7:15 - 7:50 AM	Breakfast	<p>Banana Raisin French Toast (see recipe), 2 slices each with 1/4 c sugar free maple syrup OR Oatmeal with Blueberry and Strawberry Slices 2/3c</p> <p>One Medium Blueberry Muffin Fruit variety bowl 1/3 c Turkey Sausage Links 2 each Fresh Fruit 1 each</p> <p>White and Chocolate Milk, 1%, non-fat, single serving containers 8 oz Juice, apple, grape, orange, self-serve containers, 6 oz</p>	<p>Apple and Brie Omelet 6 oz (see recipe) OR Blueberry Pancakes with 1/4 c sugar free maple syrup</p> <p>Crispy Oven Baked Hashbrowns 1/2 c Fruit Parfait with Granola Topping 1/2c Bacon Strips 2 each</p> <p>Oven Baked Banana Bread with Walnuts 1 slice each White and Chocolate Milk, 1%, non-fat, single serving containers 8 oz Juice, apple, grape, orange, self-serve containers 6 oz</p>	<p>Banana Oatmeal Buttermilk Waffle, 1 each OR Eggs Benedict Bites, 3 Small (see recipe)</p> <p>One Small Cinnamon Roll with Light Frosting Seasoned Baked Country Potatoes 1/2 c</p> <p>Scrambled Eggs with Onions and Mushroom 1/2 c Sliced Honey Ham 2 small slices</p> <p>White and Chocolate Milk, 1%, non-fat, single serving containers 8 oz Juice, apple, grape, orange, self-serve containers 6 oz</p>
12:15 AM - 1:00 PM	Lunch	<p>Chicken Teryaki Spinach Wrap, 1 each garnished with nicely cut Pineapple (see recipe) OR Beef Fajita Style Pot Pie, 1 each, on 1/3 c Brown Rice garnished with Parsley (see recipe)</p> <p>Barbecue Seasoned Mushrooms 1/2 c (see recipe)</p> <p>Pineapple Yams 1/2 c Potato, Breen Bean and Tomato Salad 1/2c</p> <p>Chocolate Cream Cheese-Filled Pears 1/3c (see recipe) White and Chocolate Milk, 1%, non-fat, single serving containers 8 oz Juice, apple, grape, orange, self-serve containers, 6 oz, Carbonated apple juice, Lemonade</p>	<p>Grilled Fish Tacos, 1 each garnished with Lime and Sour Cream (see recipe) OR Creamy Garlic Chicken Alfredo Pasta 3/4c, garnished with Basil and freshly graded Parmesan Cheese (see recipe)</p> <p>Spicy Santa-Fe salad with Corn, Tomato, Tortilla Strips 2/3 c Seasoned Baked Potato Wedges OR Baked Potato with 1 tbsp Sour Cream Spiced Peaches 1/3c (see recipe)</p> <p>White and Chocolate Milk, 1%, non-fat, single serving containers 8 oz Juice, apple, grape, orange, self-serve containers 6 oz, Carbonated apple juice, Lemonade</p>	<p>Chicken Shish Kebab with Bellpepper and Mushrooms 1 each, garnished with Honey Fried Peanuts (see recipe) OR Lamb Choppes 5 oz, garnished with Mint Jelly Dip</p> <p>Roasted Garlic Grilled Vegetables 1/2c Kidney Bean and Orange Salad 2/3 c (see recipe)</p> <p>Oven Baked French Roll 1 each, with Olive Oil and Vinegar Dipping Sauce (1 tbsp) Breaded Cherry Cobbler 1/3c</p> <p>White and Chocolate Milk, 1%, non-fat, single serving containers 8 oz Juice, apple, grape, orange, self-serve containers 6 oz, Carbonated apple juice, Lemonade</p>